## **Oban Osteopathy**

## Safeguarding and Infection Control for COVID-19



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This document has been produced in accordance with guidance from Public Health England and the World Health Organisation on the protective equipment and hygiene levels necessary to safeguard patients.

In accordance with social distancing guidance I am currently only seeing urgent or emergency appointments – please ring for advice.

If you have received a letter from the NHS which states you are at high risk from coronavirus please ring me for advice or guidance. I am unable to see high risk patients for face-to-face appointments.

## All Patients will be screened Pre-Treatment using the following questionnaire:

- 1. Have you had close contact with or cared for someone diagnosed with COVID-19 within the last 14 days? Yes / No
- 2. Have you experienced any cold or flu-like symptoms in the last 14 days? Yes / No

If **yes** to either question the patient will be asked to follow appropriate medical advice and postpone.

## <u>Infection Prevention and Control Measures</u>

- I will be operating a one in one out system to maintain social distancing.
- Please arrive on time for your appointment the waiting areas will not be available.
- A mask and hand sansitization will be offered to patients upon arrival.
- All fabric covers, towels and gowns have been removed please dress appropriately for your appointment.
- I will be wearing a medical grade mask, apron, eye protection and gloves for your safety please do not be alarmed!
- I will be practising increased hand hygiene procedures and hard surface disinfection.
- I will not use any techniques which involve deep inhalation or exhalation, or which may potentially induce coughing. Your treatment plan will be discussed with you.
- Please be prepared to use contactless card payment where possible.
- After each patient, the room will be cleaned immediately and ventilated ready for the next appointment.